

Just

# BREATHE

Relaxation and Fun for Everyone

## IN THIS ISSUE

Florida in Winter

Learn to Play Golf

Surprising Salaries

Let's Get Fit

### *In Honor of Grandparents' Day on September 13, here is our Irreverent Look at the Perks of Aging.*

- ▶ Kidnappers are not very interested in you.
- ▶ In a hostage situation you are likely to be released first.
- ▶ No one expects you to run into a burning building.
- ▶ People no longer view you as a hypochondriac.
- ▶ There is nothing left to learn the hard way.
- ▶ Things you buy now won't wear out.
- ▶ You can eat dinner at 4 PM.
- ▶ You can live without sex but not without glasses.
- ▶ You enjoy hearing arguments about pension plans.
- ▶ You have a party and the neighbors don't even realize it.
- ▶ You no longer think of speed limits as a challenge.
- ▶ You quit trying to hold your stomach in, no matter who walks into the room.
- ▶ You sing along with elevator music.
- ▶ Your eyes won't get much worse.
- ▶ Your investment in health insurance is finally beginning to pay off.
- ▶ Your joints are a more accurate meteorologist than the national weather service.
- ▶ Your secrets are safe with your friends because they can't remember them either.
- ▶ Your supply of brain cells is finally down to manageable size.

## Winter in Orlando ... Just Perfect

by Nigel Worrall, CEO Florida Leisure

**S**ummer is nearly over but the great thing about Florida is that our weather is pretty darned fantastic all year round. As Winter approaches elsewhere, those of us lucky enough to be in Florida still get to go to the beach, splash around in our pools and are able to light up the BBQ any evening we want! In fact, the outdoor life really doesn't stop even though the dark nights draw in.

Florida is also home to some fantastic golf courses and in the Central Florida area alone we have over 100 top courses for golfers to test their skills. We have courses like Arnold Palmer's Bay Hill Club and Lodge and Disney's Magnolia and Palm that play host to the Professional Golf Association every year and they are available for those that want to tee it up like the pros. For those that love to fish we have the opportunity to experience trophy bass fishing in places like Lake Toho, part of the Kissimmee Chain and a regular stop for the Bassmaster Tour and the FLW Tour.

Of course, no trip to Orlando would be complete if you didn't spend at least one day at one of the fabulous theme parks that we have; Walt Disney World, Sea World, and Universal but there is so much more to do when you visit the area. Old Town is always popular for the Saturday Night Cruise and places like Fantasy of Flight offer unique opportunities to fly in a bi-plane.

Shopping is well catered for with such venues as The Florida Mall, The Mall at Millennia and Orlando Premium Outlets and we also have some of the very best fine dining restaurants on our door step.

If it's culture that takes your fancy, then a trip to Appleton Museum of Art in Ocala or The Charles Hosmer Morse Museum of American Art are great places to visit and of course, we also have the Orlando Science Museum that has something to amuse everyone.

If you fancy a change of pace then why not head to one of our State Parks;

Dade Battlefield Historic State Park hosts a reenactment battle annually in December or January and Lake Kissimmee State Park has some excellent wildlife viewing opportunities along with several beautiful nature trails for biking or hiking.

There's a lot to do in Central Florida ... why not plan an Autumn break here?

Until next month,

*nigel*



The amazing Orlando Science Center

# Our Guide to Learning How to Play Golf

Anyone who is considering golf training will be happy to know that there are plenty of ways to learn how to play the game. Every way from the golf course to the internet, the video store and even the classroom will prove to be beneficial for those wanting to learn how to



play the great game of golf. Prices will vary depending on the type of training method that is chosen, but can often be quite affordable. This is especially true of those who opt for learning at home through the use of videos or internet lessons. A professional golf trainer, however, will likely be the most expensive way to learn but will provide a hands-on experience that none of the aforementioned options can.

If you choose to hire a golf instructor, you will probably want to hire someone who has a lot of experience in either teaching or playing golf. Or, if possible, find someone who has done both. During this training, you will begin to learn the various names for clubs and how each one is used. In the beginning, golf may seem intimidating because of the number of clubs and situations that determine each one's use. But, after a few lessons, you will be more familiar with the game and how to play it. Patience is the key to learning anything new and golf is no different.

Even prior to hiring an instructor, some new golf players may decide to learn some basics of the game before beginning the actual lessons. This can be accomplished

by either purchasing books, videos or doing some research online. Either of these methods should provide an introduction to clubs and their use, the proper way to grip and swing. With this information, any new golfer will enter their learning phase with added confidence and will impress their instructor by how much they already know. Not to mention, anything that you can learn beforehand may end up saving you some money on the actual lessons.

With that being said, it's important to know that there is nothing wrong with taking golf lessons if you are a true beginner. Even if you have never held a club before or if you think a club is the symbol found in a deck of cards, fear not. Golf instructors are there to help you to learn from scratch if that's what you need. During your lessons, it will always be a good idea to have access to a set of golf clubs and possibly even practice a little in between lessons.

Many golf instructors work one-on-one with their students, while others prefer to educate to a group of individuals. Those who prefer to learn as much as possible, but without doing so with hands-on training may opt for online lessons. The only drawback is that this method does not provide actual practice, which can be sought separately by the learner. Friends and family can often provide valuable insight in helping one to learn how to play golf without professional instruction.



## They Earn How Much?

Getting paid a six-figure income in today's job market is pretty tough, but maybe you're looking in the wrong fields. According to the U.S. Bureau of Labor Statistics' Occupational Employment and Wage Estimates, which are compiled from 2008 data, the six-figure salaries for the following careers just might surprise you.

**Human Resources Manager** – Top 10% Minimum Annual Income: \$163,220; Average Annual Income: \$103,920 Top-Paying State: Delaware.



**Astronomer** – Top 10% Minimum Annual Income: \$156,720; Average Annual Income: \$99,730; Top-Paying State: Maryland.

**Art Director** – Top 10% Minimum Annual Income: \$154,840; Average Annual Income: \$88,510; Top-Paying State: New York.

**Pharmacist** – Top 10% Minimum Annual Income: \$131,440; Average Annual Income: \$104,260; Top-Paying State: California.



**Film or Video Editor** – Top 10% Minimum Annual Income: \$112,410; Average Annual Income: \$62,500; Top-Paying State: Massachusetts.

*Forbes Magazine* also recently listed more surprising six-figure income jobs that do not require a college degree, which include, **Air Traffic Controller** (income for the 90th percentile: \$186,000; 75th percentile income: \$156,000); **Court Reporter** (income for the 90th percentile: \$104,000; 75th percentile income: \$84,100); **Hotel Executive Chef** (income for the 90th percentile: \$107,000; 75th percentile income: \$86,500); and **Ultrasound Technologist** (income for the 90th percentile: \$110,000; 75th percentile income: \$82,500).

# What Our Customers Say

What I like best about the Florida Leisure property is the spaciousness. The house is beautiful, it makes you really have the sense of homeliness and I love that I'm here with my family. If I could bring it home with me I definitely would. I like that everyone can have their own room and privacy and just have. The pool was a great delight for our family this trip.

**Janae Barner, Detroit, Michigan**

I have really, really been blessed and have enjoyed myself at Florida Leisure. It's better than home, trust me. I love it. You can't beat this. If you want to come and enjoy a vacation and not spend a lot of money and be comfortable then do Florida Leisure. I recommend them highly. It is very well equipped. You do not have to bring anything but yourself and fun. Thank you for allowing us to be able to get this house.

**Pearl Barner, Detroit, Michigan**

We've rented with Florida Leisure many times. We find it to be great value and the house is very nice, very clean and well-kept. We just have a great time. We've tried other companies and it's just not been the same unique experience we get with Florida Leisure.

**Mike Paige, Wichita, Kansas**

We have checked into 2902 and 2924 and we absolutely love the location. The entire booking process has been very professional, polite, cheery, wonderful.

**Delena Allison, Sterling Heads, MI**

I enjoy Florida Leisure homes because it accommodates me and all my family. I enjoy the convenience of being able to cook and wash to do everything we want it's like our very own home.

**Latonya Ormond**

# Feeling Smart?

1. Who was *Jessica Rabbit's* speaking voice in the 1988 film "**Who Framed Roger Rabbit?**"
2. What sitcom's famous fictional venue is at 112½ Beacon Street?
3. Who was cartoonist William Hanna's professional partner?
4. In which Marx Brothers film does the character **Rufus T. Firefly** appear?
5. What is composer George Gershwin's famous brother's name?
6. Who directed the 1960 film "**The Alamo?**"
7. Vincent Price's last screen appearance was in which film?
8. The 1976 film "**All The President's Men**" is about which political scandal?
9. What is the assistant to the chief electrician of a film crew called?
10. **Michael Myers** is a character in which series of films?

**Answers (using a mirror will be helpful):**

1. Bette Midler 2. The Dick Van Dyke Show 3. Edward G. Robinson 4. Watergate 5. Ira Gershwin 6. John Wayne 7. The Executioner 8. Watergate 9. Karpis 10. The Exorcist 11. Joseph Barbera 12. Duck Soup

## 5 Small Changes to Get Fit

Let's face it - trying to lose weight stinks. America has recently seen an unprecedented rise in obesity rates and a decline in general health. If you are one of the many people who have fell victim to the excess that is the American lifestyle then join the wave of people who are making changes to live longer, happier and above all, healthier. You can change your life too by making small changes to get fit. Here are a few small changes to get fit gradually and safely.

### Drink, drink, drink...water!

Toss out the sugar filled sodas and juices and focus on giving your body the standard daily amount of water. Drink eight glasses a day.

### Stop eating fast food!

When you eat out you are not just eating a sandwich with a few simple ingredients like bread, cheese and meat. All of those things are loaded with preservatives, chemicals you can't pronounce and fillers you didn't even know existed. Aside from the overwhelming ingredient list you are also more likely to consume unhealthy trans and saturated fats when dining out. These are "sticky" fats that can cling to the inside of your arteries.

### Stop thinking you are doing more than you really are!

If you are one of those people who is overweight and comes home from work, walks their dog for three minutes and calls it a workout you might want to give yourself a reality check, it is important to workout vigorously if you really want to get fit.

### Trade in a lazy hobby for an active one!

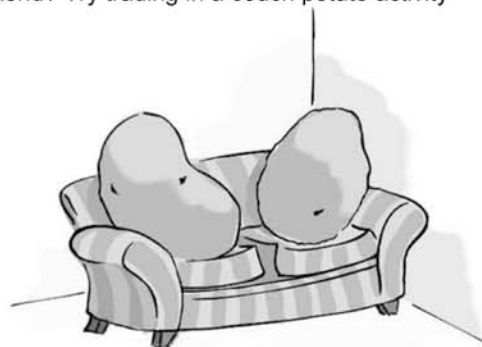
Love watching TV and movies on the weekend? Try trading in a couch potato activity for an active and healthy one, like bicycle riding or hiking at nearby parks.

### Eat more fruits and vegetables!

This will not only increase your health but in the long run help you to live longer.

Now that you have five, simple and easy to implement changes to gain a fitter lifestyle all you have to do is take action.

Getting fitter comes in baby steps and consistency is key. All you have to do is take the first step and keep going.



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A "GOOD NEWS" NEWSLETTER FULL OF FUN AND INTERESTING FACTS FOR OUR CUSTOMERS SEPTEMBER 2009

All About ...



### Florida Leisure Vacation Homes®

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## Home of the Month



**Make a 2009 or 2010 reservation to stay in this month's featured home before September 30, 2009 and receive this special BONUS:**

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**[www.FloridaLeisure.com/HoM](http://www.FloridaLeisure.com/HoM)**

# Cruising...Fun For All The Family!

Cruises are usually thought of as a vacation for adults, but many cruises are excellent for the whole family. Some cruises are even designed as family cruises, complete with entertainment options designed for both adults and children to enjoy together. If you are contemplating a cruise as a family vacation, be sure to check and see what sorts of children's activities the cruise line offers before you book your cruise. In order to give you a point of reference, here are some of the most common activities for kids that you may encounter on any cruise and you can always call me, Kim, your Cruise Planners agent at **1-877-772-7847** for more information as I'd be delighted to answer your questions.

## Play Areas

Many cruise ships have special play areas with a number of toys, games, and activities that children can enjoy. These play areas are usually staffed by individuals who have special training in youth protection and they also love working with children.



## Swimming

Many cruises have an onboard swimming pool or two, giving passengers a chance to relax in the water while enjoying the sun and ocean air. A number of ships have additional kid-friendly pools as well, providing a more shallow area for children to play and swim with other kids their own age.

## Organized Children's Activities

The majority of cruise ships have organized activities for children just as they have for adults. These activities can include a variety of different things from games and crafts to storytelling and the showing of kid-friendly movies. These can be attended by anyone within the age range specified for the activity.

## Sports

Larger ships will generally have several sports facilities that children can enjoy in addition to the swimming pool and play areas. Especially popular on cruise ships are basketball nets, since the game can be played on a relatively limited-sized court and there is much less danger of injury or damage than some other sports.

## Educational Experiences

In addition to sports, a number of educational experiences may be available for children on a cruise. These experiences range from learning about ships and ocean navigation, to stargazing at night. They are designed to give kids something that they can enjoy doing while learning new things. If the cruise travels along migration routes for aquatic mammals such as whales, special learning experiences may be available during the portion of the year when these animals are migrating as well.



## Kid-Friendly Excursions

Cruise activities for children are not necessarily confined to time spent on the cruise ship. Many cruise lines offer a range of family-friendly excursion packages as well, letting parents and children visit exotic ports-of-call and take part in activities that everyone will enjoy.

If you are considering planning a family cruise, there are many great cruise lines available that provide trips for the whole family. Cruises have a variety of activities for children the activities available are often supervised by a trained

professional that enjoys watching kids and keeping them safe. When booking a cruise check out the activities offered as you're sure to find something that your family can enjoy and make sure you contact me, Kim, Cruise Planners at **1-877-772-7847** or take a look at [www.GoCruisePlanner.com](http://www.GoCruisePlanner.com). I look forward to planning your next cruise with you.

Kim Diauto

[www.GoCruisePlanner.com](http://www.GoCruisePlanner.com)

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